From

Shri B.B. Mohapatra, IAS
Additional Secretary to Government

To

Forest & Environment Department


As per the AIS (PAR) Rules, 2007 and amendments made thereunder annual health check up is mandatory for all IFS officers above the age of 40 years and may be totally dispensed with for officers below the age of 40, except in case of medical incident. The summary of the medical report (in Part-C of Form-IV) is to be attached to the PAR by the member of the service. The PAR along with the summary of the medical report shall be kept in the Performance Appraisal dossier of each member of the Service.

2. The Government have finalized the package rate for the medical check up @ Rs.1500/- per officer to be conducted in any of the following Government as well as Private Medical Colleges & Hospitals.

**List of Government Medical Colleges & Hospital**

(i) S.C.B. Medical College & Hospital, Cuttack
(ii) M.K.C.G. Medical College & Hospital, Berhampur
(iii) V.S.S. Medical College & Hospital, Burla, Sambalpur
(iv) Capital Hospital, Bhubaneswar

**List of Private Medical Colleges & Hospital**

(i) Kalinga Hospital, Bhubaneswar
(ii) KIMS Medical College & Hospital, Bhubaneswar
(iii) Hi-Tech Medical College & Hospital, Bhubaneswar
(iv) SUM Medical College & Hospital, Bhubaneswar
3. The Health & Family welfare Department have also issued necessary instruction to the above medical Colleges & Hospitals for health check up of IFS officers in their letter No. 3637 dt. 16.2.2009.

4. Since the Health Check up has been made mandatory, the authorized hospitals shall perform the required tests and examinations on production of identity and proof of date of birth.

5. The Govt. as well as Private hospitals shall undertake the health check up as contained in Form-IV (copy enclosed) and submit the report to the Officer duly signed by the Superintendent /C.M.O. concerned on payment of Rs. 1500/- per Officer.

6. The expenditure for conducting health check up will be borne by the concerned Department /Organisation etc. and reimbursed at par with the R.C.M. claims in the establishment in which the salary of the Officer(s) is drawn on submission of necessary documents.

7. This may be brought to the notice of all IFS Officers concerned immediately.

8. This has been concurred in by Health & Family Welfare Department in their UOR No. 4326/S H&FW dt. 27.12.2008 and by Finance Department in their UOR No. 1275/ PSF dt. 27.3.2009.

Sd/- (B.B. Mohapatra)
Additional Secretary to Government

Memo No. 786
Dt. 13.04.2009

Copy with copy of enclosure forwarded to Sr. P.S. to Chief Secretary, Orissa/D.C.-cum-A.C.S., Orissa/ Member, Board of Revenue, Orissa/Chief Administrator, K.B.K. for kind information of chief Secretary/D.C.-cum-A.C.S/Member, Board of Revenue/Chief Administrator, K.B.K.

Sd/- (D.K. Mohanty)
Joint Secretary to Government
Memo No. __787_____________ Dt.13.04.2009

Copy with copy of enclosure forwarded to the Commissioner-cum-Secretary, Forest & Environment Department for information and necessary action

Sd/- ( D.K. Mohanty )
Joint Secretary to Government

Memo No. __788_____________ Dt. 13.04.2009

Copy with copy of enclosure forwarded to the Principal Chief Conservator of Forest, Orissa/Principal Chief Conservator of Forest (Wild life), Orissa for information and necessary action.

Sd/- ( D.K. Mohanty )
Joint Secretary to Government

Memo No. __789_______________ Dt 13.04.2009

Copy with copy of enclosure forwarded to all IFS officers (by name) for information and necessary action

Sd/- ( D.K. Mohanty )
Joint Secretary to Government

Memo No. __790_______________ Dt.13.04.2009

Copy with copy of enclosure forwarded to the Superintendent, S.C.B. Medical College, & Hospital, Cuttack/ M.K.C.G. Medical College, & Hospital, Berhampur/ V.S.S. Medical College & Hospital, Burla, Sambalpur/ C.M.O., Capital Hospital, Bhubaneswar/Superintendent, Kalinga Hospital, Bhubaneswar/KIMS Medical College & Hospital, Bhubaneswar/Hi-Tech Medical College & Hospital, Bhubaneswar /SUM Medical College & Hospital, Bhubaneswar for information and necessary action with reference to Health & Family welfare Department letter No. 3637/HFW dated 16.2.2009.

Sd/- ( D.K. Mohanty )
Joint Secretary to Government

Memo No. __791_______________ Dt 13.04.2009

Copy with copy of enclosure forwarded to the Health & Family Welfare Department /Finance Department/IFS Seat, G.A.S.E. Department /10 (ten) spare copies to guard file for information and necessary action

Sd/- ( D.K. Mohanty )
Joint Secretary to Government

Memo No. _ 792_____________ Dt. 13.04.2009

Copy forwarded to A.G., Orissa, Bhubaneswar for information and necessary action.

Sd/- ( D.K. Mohanty )
Joint Secretary to Government
Form IV
[ See rule 3 ]
The All India Services(Performance Appraisal Report ) Rules, 2007
PROFORMA FOR HEALTH CHECK UP FOR IFS OFFICERS

Date:

Name          Age:          Sex:  M/F

Brief clinical history, if any:

A: Examination

Physical       Systemic

Investigations:

Haemogram

Hb%
TLC
DLC
Peripheral Smear

Blood Sugar

F
P.P

Lipid Profile

Total Cholesterol
HDL Cholesterol
LDL Cholesterol
VLDL Cholesterol
Triglyceride
Liver Function Test

Total Bilirubin
Direct Bilirubin
Indirect Bilirubin
SGOT
SGPT
ALK Phosphatase

Kidney Function Test

Urea
Creatinine
Uric Acid
Electrolytes

Cardiac Profile

CPK
CK-MB
LDH
SGOT

Urine

Routine Microscopic
Sugar
Albumin

E.C.G
X-ray Chest
Ultra Sound Abdomen
Any other Investigation
Advise
### B: Medical Report of the Officer

<table>
<thead>
<tr>
<th></th>
<th>Description</th>
<th>Status</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Haemoglobin level of the officer</td>
<td>Normal / Low</td>
</tr>
<tr>
<td>2.</td>
<td>Blood Sugar level</td>
<td>Satisfactory/Normal/High/Low</td>
</tr>
<tr>
<td>3.</td>
<td>Cholesterol level of the officer</td>
<td>Normal/High/Low</td>
</tr>
<tr>
<td>4.</td>
<td>Liver functioning</td>
<td>Satisfactory/normal/dysfunctioning</td>
</tr>
<tr>
<td>5.</td>
<td>Kidney Status</td>
<td>Normal/Both-one kidney not functional optimally</td>
</tr>
<tr>
<td>6.</td>
<td>Cardiac Status</td>
<td>Normal/enlarged/blocked/not normal</td>
</tr>
</tbody>
</table>

### C: SUMMARY OF MEDICAL REPORT (ONLY COPY OF THIS PART IS TO BE ATTACHED TO PAR)

<table>
<thead>
<tr>
<th></th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Overall Health of the officer</td>
</tr>
<tr>
<td>2.</td>
<td>Any other remarks based on the health medical check up of the officer</td>
</tr>
<tr>
<td>3.</td>
<td>Health Profile Grading</td>
</tr>
</tbody>
</table>

Date: __________________________  Signature of Medical Authority:

Designation: __________________________